

Join us for this online presentation:

## **Midlife Spirituality: A Crisis or an Opportunity?**



On the road of life, we all come to the point when we ask ourselves, “What is the meaning of it all? What have I accomplished?

Where do I go from here? How do I want to live the rest of my days?” This can be a time of soul searching and anxiety. Are we having a midlife crisis? Join Susan Amann to learn that facing these very important life questions are an opportunity to grow in spiritual and emotional health and maturity. Our time together will include prayer, reflection and sharing.

**WHEN: Thursday, July 29<sup>th</sup>, 2021  
6:30 p.m. to 8:00 p.m.**

**Sponsored by:**

***Servants of the Holy Heart of Mary***

For more information about our programming,  
please contact Susan Amann:

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Presenter:

**Susan Amann, MA**  
**Director of Spiritual Ministry,  
Servants of the Holy Heart of Mary**

Susan Amann took the position of Director of Spiritual Ministry with the Servants of the Holy Heart of Mary in late July of 2019. She had worked for the Archdiocese of Chicago for 3 years where she held the position of Associate Director of the Office of Lifelong Formation. Susan



earned her degree in Justice Ministry from Catholic Theological Union in May of 2014 and has published and delivered papers on the inclusion of persons with disabilities in the life of the Church. Susan has been married to Steve for over 30 years; they have 5 children.

To register, please follow  
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Suggested free-will donation  
for this program: \$10

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