

2023 Busy Person's Lent Retreat

Sponsored by:
Servants of the Holy Heart of Mary

Do you desire to live this Lent in a prayerful way?
Are you interested in making a Busy Person's Retreat during the Season of Lent?

The Busy Person's Retreat is designed:

- For both women and men
- For those who desire a deeper prayer relationship with the Lord
- For those unable to experience a scheduled spiritual retreat due to home and/or work responsibilities

For those who can commit to the following:

- At least 30 minutes of silent, personal prayer using scripture each day of the retreat (materials provided)
- Weekly meetings with a spiritual director via phone, a virtual meetings platform such as Zoom, Messenger, or FaceTime, or in person following COVID-19 safe-distancing precautions.

The Busy Person's Retreat is being offered by the following SSCM Spiritual Directors:

Kathy Brady-Murfin
sscm.vocations@gmail.com
(815) 814-1414

Sr. Charlene Cesario, sscm
charlenemec@gmail.com
(217) 841-2916

Sr. Linda Hatton, sscm
lhatton@sscm-usa.org
(815) 931-1425

Sr. Myra Lambert, sscm
lam-bert@sbcglobal.net
(630) 267-4021

For more information, to register, and to participate in A Busy Person's Retreat, please contact the spiritual director of your choice by Wednesday, February 15th, 2023. Date and time arrangements for weekly meetings will be made to accommodate each participant's individual needs.



Suggested free-will offering: \$25

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