Join us for this program:

The 19th Annotation of the Spiritual Exercises of St. Ignatius

Sponsored by: Servants of the Holy Heart of Mary



In the 19th Annotation, the participant experiences the Spiritual Exercises in daily life. Each participant will be given material to use in daily prayer. Participants will meet individually with a spiritual director each week. In a larger context, participants will gather every two weeks for a group

meeting designed to be informational on elements of the spiritual life and a support to each individual. For further details, click <u>here</u>.

Spiritual Directors:

- Susan L. Amann
- Kathy Brady-Murfin
- Judy Bumbul
- Sr. Linda Hatton, sscm
- · Sr. Myra Lambert, sscm

For more information about this program, please contact Sr. Myra Lambert, sscm:

lam-bert@sbcglobal.net

Testimonial – Teresa Culver

"I was looking for a deeper relationship with Jesus when I considered doing the 19th Annotation of the Ignatian Retreat. I felt I needed a guide for the journey and some help in asking my husband, Craig, to come along. The Holy Spirit was guiding my words because Craig said yes. Now I had guides in Sister Linda and Sister Myra, as well as a companion on the journey. It was an unexpected bonus as we found ourselves having deep conversations based on where we were in the books and what we discussed in the group Zoom meetings. Over the course of the program, our family experienced several wonderful moments that mirrored the joy we were experiencing during this spiritual journey. Again, the Holy Spirit continued to guide us through these changes and challenged me to look at life through a new lens. It was a wonderful, amazing experience and sharing it with my spouse made it even richer.

"Thank you for the invitation to experience 19th Annotation."

First Meeting: Tuesday, September 19, 2023 7:00 p.m. to 8:00 p.m.

Registration closes September 12, 2023

To register, please follow this link:

REGISTRATION

To pay your fee, please follow this link:

PAY ONLINE