Join us for this online series:

Spiritual Direction: Is It For Me?

In this 4-p spiritual dexplore Spiritual it is, some element can benef

In this 4-part series on spiritual direction, we will explore the practice of Spiritual Direction, what it is, some of its practical element, and how one can benefit from spiritual direction. We invite you to

join us in this exploration.

Sponsored by: Servants of the Holy Heart of Mary

WHEN: Thursday, January 5, 2023

Thursday, January 19, 2023 Thursday, February 2, 2023

Thursday, February 16, 2023

Time for all sessions: 7:00 to 8:00 p.m.

Moderator:

Sr. Myra Lambert, sscm

Sister Myra Lambert, sscm is a member of the Servants of the Holy Heart of Mary. Sister has been missioned in education, parish ministry, vocation ministry and currently spiritual direction ministry. She has a great love of history, spirituality and poetry. An avid reader, Sister tries to keep current in many areas. During the pandemic, a great



delight has been to learn new means of communication and sharing.

To register, please follow this link:

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