

July 18, 2023



Life can sometimes feel like a **roller coaster**. At an overwhelming speed, it throws us up and down. We have **no** control which way or how fast it goes. Many people are overwhelmed by the pressures of life and the issues that demand their attention and just won't let go. Some stay in this way and before long they forget to live.

This is **not** how God intended for us to live. He wants us to **enjoy our lives** every single day, **not** someday. Jesus came that we may have life and have it **abundantly**. This is not about material possessions but about living a **meaningful life**, a life of **purpose** and **fulfillment**, a life which is fruitful and eternal. Each day we need to take a moment to reflect on **living life** in its abounding **fullness of joy and strength** for the mind, body, and soul. Such a life can **only** be found in **Jesus Christ**. Ask and you will receive!

Our life can be positively transformed! Today can be the day in which God's plan for our life begins expressing itself in ways **greater** than anything we can imagine, a day when we can become more fully aware of the incredible kingdom of God **within** and **around** us.

Jesus said, "I came that they may have life, and have it abundantly". To accept Jesus' invitation to a fuller life, we must be willing to move **beyond** a routine, fearful, or limited existence and live the dynamic, abundant life.

We live abundantly when we discover more of our spiritual identity and potential.

To live the abundant life, we must **stop taking each day for granted**. In each moment of every God-given day, we are surrounded by sparkling treasures, **divine gifts**, and **remarkable opportunities**. Witnessing a sunrise, following the flight of a soaring bird, or observing the reflection of trees and clouds and sunshine in a clear pond are each simple causes for thanksgiving, if we take the time to **appreciate** them.

Living the abundant life begins not by changing or rearranging people and things around us, but by gently and quietly **opening our eyes to the miracle of the moment and to God**. When we do this, an inner spiritual awakening takes place that alters our perception. **We see with new eyes.**

If we want to live the abundant life, we need to **let go** of past regrets and the chains of challenge that have bound us and praise and give thanks for even the smallest blessing in our lives. **Anything** we have given our attention to becomes a thing of the past the moment we **release** it.

God has provided abundantly for us so that we can live life fully right here and **now** if we turn to Him and follow the dreams and desires that God has stored within our hearts.

Live abundantly!