

November 15, 2022



The **Psalms** are a unique treasure of Scripture that connect our heads and hearts in a rich and vivid way. While most of Scripture delivers words from God to man, the Psalms provide us with **Spirit-inspired words to pray and sing to God**.

The Book of Psalms is a collection of poems that were **originally** set to music and sung in **worship** to God. Although they cover a multitude of topics, they all were written in **praise of God**.

They were the **hymnbook** of the Old Testament Jews.

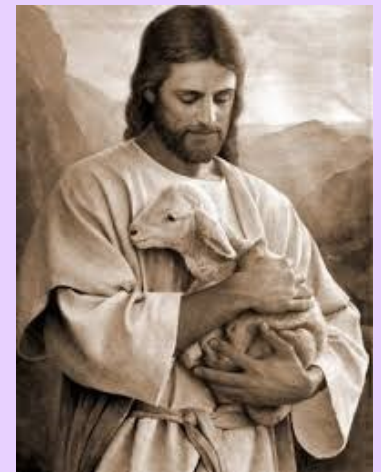
The Psalms were **not** written by a single author but by at least six **different** men over the course of **several centuries**. Though there are 150 psalms, it is known that David wrote **73**, if not more.

The oldest psalm, **Psalms 90**, was written by **Moses** in approximately **1500 BC**, when the first generation of Israelites were dying in the wilderness after the Exodus. Why not check it out!

The psalms **give the clearest indication of what the Hebrews felt**, their hopes, joys, sorrows, loyalties, doubts, and the aspirations of the human heart.

Psalms 23 is a favorite psalm of many. The psalm uses the metaphor of a **shepherd's care** for his sheep to describe the wisdom, strength, and kindness of our God. It gives voice to the sheep who are **always** eager to share what they know to be true, that staying **close** to the shepherd is always the **safe place** to be, for there can be nowhere He leads that does not, in the end, result in that which will be good for His flock.

Check out psalms this week. Each night pray with a different one. If you feel it does not express your feelings, then pray it in the name of someone who is feeling what is expressed in that psalm.



My Shepherd is the Lord.