The expression "Good Samaritan" comes from a New Testament parable/story, (Luke 10:30-35) about a Samaritan man (a foreigner), who stopped to help a man who had been robbed and beaten and then left to die on the side of the road A priest and a Levite had passed him by. The Samaritan, most likely, had somewhere he needed to be, but he stopped anyway.

The **Samaritans** are a religious sect of **ethnic Jews**. This community **differs** from mainstream Judaism by claiming that followers only accept the **five books of Moses** (Torah), and **not** the books of the **Prophets** or later texts.

While reflecting on this story, I questioned what I would have done. Would I have **stopped** to help this injured man along the road? Or, would I have been too much in a **hurry** to complete my "to do" list?

Jesus told this parable/story in response to a question from a lawyer: "Who is my neighbor?"

By using the Samaritan as an example, Jesus shows that there are no conditions to who is our neighbor.

The victim in the story is anyone, everyone!

Today we refer to a **Good Samaritan** as:

- someone who goes out on a limb to help others, even if they are complete strangers
- a compassionate person who unselfishly helps others, especially strangers, when they have trouble
- someone who **voluntarily** helps someone else who is in distress
- a person that pays **no attention** to racial, religious, or social-economic categories

However, there are other ways of being a Good Samaritan by random acts of kindness, such as:

- ❖ Holding the door open for someone pushing a stroller, using a walker or in a wheelchair.
- Offering your help to someone who is pressured, even when you are, too.
- ❖ Thanking someone who you appreciate with a card, flowers, or candy.
- * Asking the person who's serving you how their day is going.
- ❖ Letting someone with fewer items go past you in the grocery line.
- * Taking time to report a car accident.

Who are the good Samaritans in your life? Have you thanked them **recently**? In what ways are you a Good Samaritan by little acts of **kindness** in your **family**, at **work** or **anywhere**?

How often do you take advantage of all the opportunities you have to be a good Samaritan?

Lord, help me to discern honestly my own gifts that I may do the things of which I am capable, and happily and humbly leave the rest to others. Good Samaritan, remind me constantly that I have nothing except what you give me, and can do nothing except what you enable me to do. Amen

Good Samaritan blessings!

