



Have you ever felt a **nudge** to pray for someone you **didn't know** while **waiting** in a doctor's office, sitting in traffic, or shopping at the mall? These are great opportunities to invade their life with the **power of prayer**. They may be strangers to us, but God knows them intimately and sees their needs. Their circumstance can take a turn for the better, just because we responded to the **prompting** of the Holy Spirit to lift them in a **split-second prayer**.

How do you start your morning? With **prayer** or your **cell phone**? Which one is going to help you make it through the day? A suggestion: while you still lay asleep say, "Thank You, Lord for this day. Guide and protect me throughout this day."

We have opportunities to communicate with people around us through split-second prayers almost every day. If they are **silent**, pray before **speaking** to them. If they are **talking**, pray before responding.

These are split-second prayers, but they put us in touch with **God's Presence**.

I believe that there are thousands of people saying short prayers for others every day with **huge impact**, but most will **never know** their lives were touched by the intercession of **split-second prayers**. Yours, too. How about taking a split-minute right now to thank all who prayed for you today.

Other ideas for split second prayers:

- when you begin to write
- before you begin to drive or shop
- before beginning to make a meal
- when listening — keep your mind on the speaker — pray for guidance

*Lord, help us to keep up a constant communication with You. Help us to use **split-second prayers** so we keep in touch with you throughout the day. Speak to us. Show us how to listen. Help us be slow to speak so we can listen to You. In Jesus' name. AMEN.*

Before you do anything connect with God