

Besides my weekly letter, I like to text family and friends with supportive, encouraging thoughts or a few words to lift up their spirits. For me, it is a good way of letting them know I'm thinking of them. Since I cannot go to St. Mary's to visit patients and pray with

those having surgery because of Covid, I consider **texting** besides my weekly letters to be a part of my **present ministry**.

We all know that **texting** is a great way to **communicate** and get to know people or allow them to know us. However, because text messaging **cannot accurately** convey tone, emotion, facial expressions, gestures, body language, eye contact, oral speech, or face-to-face conversation, **messages can sometimes be misinterpreted or misunderstood**. The **real meaning** of our message **may** get **lost** through the medium. Has this ever happened to you?

Texting is also a great way for **sharing God's Word** because most people carry phones and **open texts**. Why not catch them by **surprise** by sending a **Scripture quote** to them once a week.

Text messaging has the **power** to fill people with **love**, **hope**, **joy**, **energy**, etc. Just think about it. One text message could help **change** your life or someone else's life, either in a very positive way—or in a very negative way.

Take a minute now to reflect on the **immense power** we have in simple, ordinary, everyday **text messages**. A simple text message could make a difference between someone either feeling like life is **worth living** – or deciding that it's not. **Have you ever thought about this?**

So, **who** are you going to **lift up** with a text today? Maybe someone you haven't contacted in a long time or someone who has suffered a loss recently, or a friend? Who is waiting to hear from you? Me?