

May 17, 2022



A friend sent me this prayer. A prayer to be **prayed slowly** and **mindfully**. **Meditate** and **reflect** on **what** you are asking the Lord to do for you.

### BE THE LORD OF MY LIFE

Be my **next breath**, Lord, when I can't catch my own...

Be my **reason for hope** when I'm ready to quit...

Be a **leg up** for me when I need a good boost...

Be my **second wind** when I think I'm all done...

Be a **word of wisdom** when my thoughts are muddled...

Be the **beat of my heart** when I tremble with fear...

Be the **friend I can trust** when I've nowhere to turn...

Be a **helping hand** when my work's too much...

Be my **get-up-and go** when I'm all out of gas....

Be my **light in the dark** when I'm waiting for dawn...

Be my **saving grace** when I'm lost and alone....

Be the **truth I seek** when I'm really confused...

Be **all that I need** when I need so much...

Be the **Lord of my life** and I'll ask for no more.

Amen. Alleluia!