



As the global pandemic continues both to unfold and to recede from our daily view, its effect will linger long into the future. Careful attention to **spiritual, emotional, and physical health** will remain crucial to our own and others' capacity to flourish. For some, transforming our **collective isolation** into an opportunity for **communal solitude** during the lockdown enabled us to discover that it was, as it had always

been, the seedbed for growth in **holiness** and **wholeness**, for **communion** and **connection**, for **resistance** and **renewal**. No one can be fully “recovered” from the experience of this pandemic until **all** of us are. We need to focus on healing **collectively**,

This week I have been thinking about how much time we spend **talking** about the pandemic and wondered what a difference it **might** make if we spent the same amount of time **praying** for those suffering with Covid19 and their caretakers.

Those of us who are **well** can express our **appreciation** and **thanksgiving** to God by praying for all who have been affected by the virus. Some prayers I found on the internet:

God of silence and stillness, we trust you are with us in this time of noise and chaos. We pray for an end to this pandemic. Whisper your words of comfort, encouragement, and hope to all who need them in these days of fear. Draw close to those who are sick and all those who risk illness, caring for them, protecting and uplifting them. In Your name, we pray. Amen.

Let us pray also for:

- Our brothers and sisters who have contracted and are suffering due to the Coronavirus Disease, that God's healing hand may rest upon them.
- Our medical doctors, nurses, and the supporting staff who are in the frontline of the fight against COVID-19, that the Good Lord sustain them and inspire them to render life-saving services with due care, love, and compassion.
- All those who have lost their loved ones due to the Coronavirus outbreak. Let us convey our deepest sympathies and pray that their souls, through God's mercy, may rest in eternal peace.
- All bereaved families, that God will console and strengthen their faith and hope in Jesus Christ, the Risen Lord. Amen.