

Jesus himself said: 'It is more blessed to give than to receive". Have you found this to be true?

US researchers say that the old adage "it's better to give than to receive" is correct because spending money on others or giving to charity puts a bigger smile on our face than buying things for ourselves.

Our **giving** is a reminder of the blessings **God** gives us and gave to us through His Son, Jesus Christ, that **everything** that we have comes from God.

People of God give to God because of their **gratitude** to him. We give back to God what is God's so that through our gifts the love of God can become a tangible reality in our world. Our giving is a reminder of the blessings God gives us and gave to us through his Son, Jesus Christ.

## Things to remember and reflect on:

- ❖ God is a giver. We give because God gave. Giving is one way we reflect God's character. We observe God's giving nature throughout the Bible and in the gift of his son, Jesus Christ, as well as in the countless blessings we receive every day.
- ❖ Giving makes us happy. We are created in the image of a Giver, therefore, the desire to give is rooted in our very being. So, it makes sense that when we give, we will be happy.
- ❖ Giving makes us healthier and live longer. Giving is good for our health and life expectancy. Many studies have shown that generous people tend to be healthier. Giving (money and time) is linked to many positive benefits:
- ❖ Giving expresses our trust in God. Remember, God is our provider. He provides us with what we need. As we give, we express our faith in God. God knows what we need, and He will provide for us. Giving is one way in which we express our trust in God.
- ❖ Giving advances the Kingdom of God. We support many businesses every day. We help them to make a profit, keep their lights on, and pay their employees. How do we do this? By purchasing their products or services. Let us not forget that we participate in the advancement of God's work by giving money, making donations, and volunteering.

God loves a cheerful giver.