

Trinity Sunday, May 30, is one of the few **feasts** in the Christian calendar that celebrates a **doctrine** rather than an **event**.

The **belief** in a Trinitarian God is a **central doctrine** of Christianity. It is **important** because it helps **us** to understand the **complex** nature of a **God** who we encounter in **different** forms:

- **God the Father:** revealed by the **Old Testament** to be Creator, Lord, Father and Judge.
- **God the Son:** who lived on earth as a human being.
- **God the Holy Spirit:** who fills us with new life and power.

As we **gaze** upon the Holy Trinity, we see that **God is love**. The Father **loves** the Son who **loves** the Father, and from this **love** the **Holy Spirit** flows forth. The **deepest** meaning of the **Holy Trinity** is **infinite love** continually **flowing** between **three** Persons.

It is this **trinitarian** God who **lives** in each of us. I find it **awesome** to believe that God, who created the **whole universe**, wants to live in **little** old me, and you. Yes, He has taken up **permanent residence** within us.

Be **still** and **listen** to Him saying, “In **you**, I live and move and have my being.”
Then respond, “In **YOU**, I live and move and have my being.”

On a blog, I found an interesting reflection on God’s residence within. I share a few thoughts with you.

If God’s residence is **within** us, then He doesn’t need to **call** ahead to let us know He’s coming. He’s got the key and knows the code to turn off the alarm system! He created this home in us, but **we** get to make the rules for it. We **choose** what rooms He’s allowed to come into. But, have we kept some rooms in our hearts **locked**? Of course, God already **knows** what’s behind the **closed** doors, areas of our lives that we’re **not** ready to examine closely with Him **at this point in time**. But, being a **loving, respectful** God, He waits until we’re ready, then we go in **together**. However, there are times when He **prods** us a bit, suggesting that **now** would be a **good time** for us to go into the **formerly off-limits** areas. And, when we do, He sits down with us and we have a heart-to-heart talk.



Let us celebrate this feast with a **grateful heart** for the **trinitarian** God who **lives** in each of us.