

March 2, 2021



We don't hear much about the seven gifts of the **Holy Spirit**. In this letter I want to focus on **fortitude**, the most **all-encompassing** of the seven gifts. All the gifts are given to us by God. **Fortitude** is more powerful than **courage** because **God** is involved in assisting us supernaturally through the virtue of **fortitude**.

When wondering how we will get through a **crisis**, or faced with decisions that challenge our beliefs, the **Holy Spirit** provides profound support through the Gift of **Fortitude**, a light in our darkness. Or, when we feel that our activities are pulling us **from** our spiritual center, fortitude helps us find the understanding and **strength** we need to go off and reflect so that we are able to continue our faith journey,

Fortitude also plays a key role keeping us **steady** when we want to **give up**. Through this gift we are no longer **afraid** to stand up for **God** and His truths, for **good** against evil and are convicted to take a **stand** for what is **right** when the occasion arises.

Have you ever thought or said: "I don't know how I'm going to get through this"? And then **God** greatly surprised you and supplied you with whatever you needed--and more! A blessed reminder that when we face **adversity** of any kind, including our **faith** and **prayer** life, we are not alone. God's grace and strength, through the **Gift of Fortitude**, are present even in our **weakest moments** and equip us for **every challenge**. Ask and you shall receive!

Fortitude:

- ❖ Supports us in living out the other six gifts: wisdom, understanding, knowledge, counsel, piety, and fear of the Lord. It **strengthens** us on our earthly journey to eternity with God.
- ❖ Helps us to **persevere** when the going gets tough.
- ❖ Pushes us through **obstacles** and we become **stronger** as a result.
- ❖ Equips us with a **never-depleted** reservoir of God-given **perseverance** to live out our faith.

So, what **challenges** are you facing now in your life that seem **overwhelming**? Physical or emotional problems, addictions, relationships, finances, pandemic issues? **Pray** for the Gift of Fortitude to give you the strength you need to persevere in working through these problems.