



Has God called you to say “**yes**” about something? If so, what is it? Are you ready? Willing? Eager? Or a little scared? When you and I say **yes** to God, sometimes it’s **easy**, but most times, not so much.

As you say “yes” to God, know that it’s totally natural to feel a little **scared**. Sometimes it’s **hard**. Sometimes it’s **overwhelming**. However sometimes, it’s **exhilarating!** And that’s totally natural, too. But no matter how you feel about it, when you say yes to God, you are **in His** will.

Have you ever said “yes” to something without thinking about what that “yes” would entail? I have, several times. For example, when the Archdiocese of Chicago offered teachers the opportunity to go to Mexico for 5 weeks to study Spanish, all expenses covered, I signed up right away. Afterwards I thought, you don’t know any Spanish, you don’t like Mexican food, and you don’t know anyone who’s going. But since I had already been accepted, I thought I should go. And, I did. It was a wonderful learning experience. On weekends we had **excursion trips**: Acapulco, Puerto Vallarta, Mexico City, Guanajuato, Guadalajara. What a wonderful education and adventure!

I think it can be the same when we say “**yes**” to **God**. We don’t know **where** He will take us or what wonderful **surprises** await us. But, it’s worth a risk!

However, saying “yes” to God’s call **doesn’t** just involve **big** issues in life—the **dramatic**, “**Here I am Lord, send me.**” Saying “yes” to God can often be seen **best** in our willingness to do the **small things**—the **little yesses** that may seem unimportant at the moment but make a **big** difference in the life of others.

- ❖ Saying yes to inconvenience so someone else might be blessed.
- ❖ Saying yes to doing the unseen, the unnoticed, and thee underappreciated.
- ❖ Saying yes to overlooking faults and inconsiderate slights.
- ❖ Saying yes to patient listening though there’s much to do and more to say.
- ❖ Saying yes to things others should rightfully do.
- ❖ Saying yes when we’d rather say no.

A good way to start a day is to ask the **Holy Spirit** for the grace to say “yes” to whatever the day may bring. And, every time you face a **significant** decision, ask the **Spirit** to help you see it from **God’s** perspective, and then decide according to how God leads you.

It’s good to stay connected with God during the day. When something **good** happens, just say, “**Thank you, God**”. If something **stressful**, say, “**Help me, God**”. The more we are mindful of God during our day, the **calmer** and more **peaceful** we will be...and, if we are that way, it also **helps others**.