In the New Testament, Jesus gives us the **two** most important commandments: "Love the Lord, your God...Love your **neighbor** as yourself."

In **normal times** this was easier, but with the **pandemic** and **stay at home** order, how do we do this?



## Here are 3 practical ways to love our neighbors when we can't physically be with them:

## 1. PRAY

Jesus constantly prioritized prayer in his life on earth. Even in the midst of his ongoing ministry, Jesus never neglected solitary time in prayer with his Father. This is the keyway we can love our neighbor: pray for them and spend time asking God to meet their needs.

## 2. REACH OUT

Reach out through **Face Time, calls, or text a Scripture quote** to encourage a friend, relative, co-worker... anyone that God brings to your mind during the day, Be an initiator. A short message could really mean a lot to someone. Even just a "thank you" for an email. I know it does to me,

## 3. GET CREATIVE

Bake a batch of cookies, or even write a kind note with your phone number offering your help or comfort, and then drop them on your neighbors' doorsteps. No contact but you are physically meeting a need for someone else,

Write some handwritten letters! Remember, the ones with a stamp and an address? Or why not write a thoughtful note or card for someone to receive in the mail. Doesn't it brighten your day when you receive a letter or card? It does mine.

All of these suggestions may seem **small**, but we have an opportunity to make others **feel seen and loved** in this strange and isolating time. As we reach out to others, God tells us that we ourselves will actually experience **joy** as a result. And, who doesn't need a little joy **right now**?

Pray, reach out and be creative.